

Health
DE presents
TOPICS
of
VITAL
INTEREST

...pair of shoes is one important factor in a life-long health. An official of the Health Canada in a recent address said, "One thing that doesn't change is style."

...shoes with straight toes are what the child needs, of space to allow for growth, said the speaker. He said that the infant bones cannot stand the strain of tight shoes, and are likely to be deformed if the child is encouraged to walk too much.

...he, he declared, care of the feet is of the first importance for comfort and health. In

men's footwear to sacrifice for style. Usually, he says, men's shoes are too narrow and the heels outrageous. A shoe is conducive to corns, and sometimes hammer toes. Point-

ard and may cause flat
ively high heels cause
on the arches, which
own under the strain.
that many women who
reduce their weight by
ms or adopting a "re-
would be better advised
which would allow of
the exercise of walk-
whether for men or
be well-fitting but not
asserted. The wearer's
not touch the end of the
ould have freedom of
le recommended rubber

ould be handled as cave-
rands, said the speaker,
the same way. They
shed each night, dried,
a drop of olive oil or
powder being used so that
ill slip over them.
ould receive especial
the speaker, because
er is a potential focus
and may lead to serious

KIE SAYS—
A CRACK UNDER
RAIN OF WRITIN'
RELATIVE OR
HAVE US SEND
OLD HOME TOWN
WITH ALL THE
THEY WANT
KNOW



We Buy
The
Potato
and
Po All
The



Shless Apples

RE CIGARETTES
own with
MAIL
CIGARETTE TUBES
FOR 25c.

